



Delicious milkshakes!

Ingredients

475 ml or 2 pints vanilla ice cream
238 ml or 1/2 pint Moo milk
5ml vanilla extract, if desired



Directions

Put the whole lot
in a blender and
whiz until smooth.
But don't overdo
it or the ice cream
will melt!

Try adding chocolate,
strawberries, honey,
cream or your own
favourite treat -
then simply whiz it up!

